



Welcome to BeHappy Camps Montreal! The most amazing all-inclusive adventure summer camp for KIDS AND TEENS AGES 10 TO 17 in Montreal, Canada.

# Summer camp dates: JULY 6 - 14, 2024.

Our summer camp begins and ends at our basecamp residence in Montreal, QC. We take our campers on a wonderful 9-day adventure exploring the best hidden gems of Montreal and its surrounding areas hiking, mountain biking, paddling, camping, playing sports and organized games to develop a variety of skills including wilderness, survival, self esteem, independence, leadership, team work, and many other skills found essential for a healthy development of your child's social, physical, psychological and emotional intelligence that will help them become successful and happy individuals in their future lives.

## CAMP SCHEDULE









#### SAMPLE DAILY SCHEDULE

7:30 - Wake up and get ready for the day.

8:15 - Breakfast.

9:00 - Intro of the day, morning activities/games.

12:00 - Lunch break.

13:00 - Afternoon activities/games\*.

16:00 - Time to relax, clean rooms, call home...

17:00 - Dinner.

18:00 - Evening activities/games\*.

21:00 - Snacks and get ready for bed.

21:30 - Lights out.

#### **ACTIVITIES BY DAY**

Day 1: Check-In, camp intro, icebreakers.

Day 2: Canadian safari, camp games and sports.

Day 3: Kayaking / Canoeing expedition, camping & bonfire.

Day 4: Sports tournament, camping and bonfire.

Day 5: Water Park, camping and bonfire.

Day 6: Biking expedition, organized games camping and bonfire.

Day 7: Beach day with games, closing ceremony, awards and disco night.

Day 8: Amusement park, fireworks.

Day 9: Breakfast, pack up and check-out.

Note: all camp activities are subject to weather conditions and could change without notice.

#### CAMP ORGANIZATION

The camp is divided by ages groups with boys and girls mixed together:

JUNIORS: ages 10 to 12 TEENS: ages 13 to 15 CIT'S: ages 16 to 17

Age groups are subdivided in 4 different houses to compete in different camp games and activities to win Tsuly's Cup at the end of the camp.



**SAFETY IS OUR #1 PRIORITY!** All of our camp activities and excursions are carefully planned to prevent accidents and maximize the safety of all our campers and staff. Campers learn basic skills to survive in the backcountry, risk assessment and risk management, incident prevention and how to deal with wildlife encounters and many more skills to keep them safe in all their future adventures.

Our **STAFF** is carefully selected and rigorously trained to make sure our campers are 100% safe during all camp activities. Most of our staff are between the ages of 20 and 35 years old. They are multicultural, multilingual, outgoing and fun. They are trained with First Aid & CPR and cleared a criminal background check. We have a minimum ratio of 1 counsellor for every 8 campers, plus lifeguards, senior staff, a nurse, and cooks to complement the supervision, health care and safety of all our campers.

**MEDICAL INSURANCE** is mandatory for all campers at camp. Canadian campers must be covered by their provincial medicare. International campers must provide proof of medical insurance for the duration of the camp session(s). All expenses not covered by the medical insurance are responsibility of the parents.





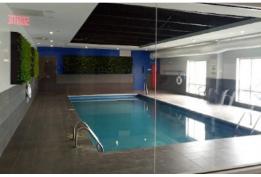




The **BE-HAPPY CAMPS** uses a mix of hotel and tent camping accommodation for all our adventures. Whether we stay in the comfort of a 3-star hotel or in a campground, our campers always have a proper, clean and comfortable place to clean up and rest to recharge batteries for the next adventure.

- Campers sleep in shared bedrooms/tents with private bathrooms.
- Girls always sleep separate from boys in different rooms/tents and different bathrooms.
- Camp staff sleeps on site in different bedrooms/tents than the campers but always patrolling the area to supervise and assist campers 24/7 to take care of all the campers needs.















**HEALTHY**, **FRESH** and **YUMMY** food is what we offer at camp. Our camp chefs choose local fresh ingredients to cook well balanced and tasty meals with all the nutrients our campers need to stay healthy and enjoy all camp activities to the fullest.

We consider all food allergies and special food restrictions of all our campers when designing our menu for the summer. Make sure to specify your food needs in the registration form.



# \$2,495 CAD

#### CAMP FEE INCLUDES

- 9-day all inclusive summer camp.
- 24/7 supervision by our staff.
- Accommodation for 8 nights.
- 3 meals and snacks per day.
- Transportation to all adventures.
- All camp activities and excursions.
- 1 camp t-shirt.
- Check-in day dinner included.
- Check-out day breakfast included.
- Airport transfers are NOT included.

## SIBLINGS DISCOUNT

5% off the 2nd sibling. 10% off any additional siblings. Discount does not apply for add-ons.

#### **ADMIN FEES**

Credit card payments - 3% fee. International wire transfers - \$25 fee.

\*Taxes are included.





#### **CAMP PHOTOS**

#### \$99 per session package.

Get all the spectacular camp photos in digital HD resolution.

## **CANCELLATION INSURANCE**

#### \$100 per session.

Camp fees are non-refundable. If cancellation insurance is purchased and the camp is cancelled before the start of camp, we will issue a full refund minus the cancellation insurance fee. Once the camp has started there are no refunds.

#### AIRPORT TRANSFER

#### \$50 each way.

Transportation service to/from the YUL Montreal International airport is available upon request. (Please submit the Airport Transportation Request Form).

### **CAMP T-SHIRT**

#### \$30 each.

The camp t-shirt is mandatory for all camp excursions and adventures. Campers get one free t-shirt and can purchase extras if needed.









#### WHAT TO BRING TO CAMP

This is the checklist of suggested items for campers to bring to camp:

- Travel backpack (no suitcases please).
- Comfortable clothing for one week.
- Hiking shoes, running shoes, and sandals.
- Rain coat. Sweater / Hoodie.
- Hat and sunscreen.
- Water bottle or Camelbak.
- Bathing suit and towel.
- Bug spray and sunscreen.
- Sweat pants and a hoodie.
- Personal hygiene items (tooth brush/paste, soap, shampoo, etc).
- A headlamp with batteries.
- A small day bag.
- Musical instruments such as guitar, flute, harmonica, etc (optional).

#### REMEMBER!

- 1. The **CAMP T-SHIRT** is mandatory for most activities. Campers get 1 free t-shirt and they can purchase extra if needed.
- 2. Please put NAME TAGS on your children's gear and clothes so it's easier to recognize their belongings, and it helps to reduce the risk of loosing them.
- 3. NO ELECTRONICS AT CAMP PLEASE!
  Cellphones are allowed only to call home before or after camp or in case of an emergency. The camp will take plenty of pictures.



#### CAMP CHECK-IN

Campers meet on the first day of camp at 3 pm at our camp residence on 33 Boul. de la Citédes-Jeunes, Vaudreuil-Dorion, QC. J7V 0N3. Airport transfers are addressed individually. Dinner is included. We inspect campers' baggage and collect passports, money, medication, electronics and any other items that might be harmful at camp for everyone's safety.

#### CAMP CHECK-OUT

Campers will be ready to be picked up on their last day of camp at 10 am at the same location. Breakfast is their last meal. Airport transfers will be addressed individually. All camper's personal belongings, medication and passports are returned before departure.



# ADDITIONAL INFO HOW TO CONTACT MY CHILD Campers have the chance to contact their parents during free time upon request using their own phone or the camp's phone. Parents can contact the camp by phone or email anytime. We are an electronics-free camp. Please keep all communications to a minimum level so the kids can fully immerse in the camp. **LAUNDRY POLICY** Coin-operated washer, dryer and detergent are available in residence in case anyone needs to do laundry at any given time. The cost of laundry is not included in the camp fee.



# REGISTER NOW!

www.campecolart.com



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# MONTREAL'S HAPPIEST SUMMER CAMP!











